



# The Marsh Messenger

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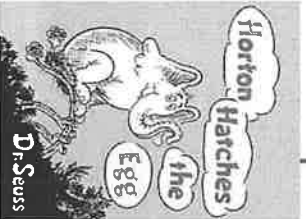
## Counselor Time with Kid Crane

*We've been learning to recognize and handle our feelings and we'll continue this unit until spring break. We have a fun song we sing along with a puppet friend, Felicia Feelings, that goes to the familiar tune "If You're Happy and You Know It."*

*Among the strategies are:*

*If you're sad and you know it tell a friend, "I'm Sad." (Talk to someone about your sadness) and then figure out what to do together.)*  
*If you're angry and you know it take a breath. (Use calm-down strategies.)*  
*If you're embarrassed and you know it laugh it off. (Say "Silly me!" and learn to laugh at your mistakes.)*  
*If you're scared and you know it tell and adult "I'm scared." (Feeling fearful is an adult problem. They will keep you safe.)*

*Feelings change when you change what you do, and you can get your sunshine BACK!*



## Signs of Spring Are Everywhere

Dear Families,  
We want to thank everyone who took time to visit our Book Fair and shop. All proceeds help our school!

If you didn't have a chance to finish your parent survey, please complete one and send it back with your child. We take your feedback very seriously and want to keep improving! The beautiful metal cranes around town are so cheering to see...and if you haven't spotted the one Marsh decorat-

ed, it's right by Shell the office!

All students will be decorating cranes to put on our fence as well as part of an annual collaboration we do with Mr. Woodke's high school shop students who will be helping us on Monday, March 2nd. We hope you enjoy a safe and fun-filled spring break together. Thanks for sharing your children with us at the Sunshine School, and if you have any questions or concerns, please stop by

Marsh students decorated this crane, located by the Shell station on the highway!



## March PE & Music

In kindergarten PE we will start our jumping unit where we practice jumps while pretending to be olympic athletes. You can ask your child their favorite activity in PE so far. In preschool PE we finished our Fluffball Fun unit where we explored catching, tossing, and throwing with fluffballs. Next we will begin our Fancy Feet unit practicing some basic soccer dribbling and kicking.

In kindergarten music we are reading books with a common theme and comparing and contrasting them. We have been practicing different rhythms as well as working on our steady beat. You can ask your child what their favorite song to sing in music is.

In preschool music we will read some favorite children's books and learn new songs and dances.

Reading aloud together creates shared experiences that remind us of good times and good lessons. A simple phrase in a book can catch on and remind us of the right thing years later, as in Dr. Seuss' *Horton Hatches the Egg*: "I meant what I said and I said what I meant. An elephant is faithful, one hundred percent."