



The Marsh Messenger

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Check Out Our Parent Library!

October in...

Counselor Time:

We're focusing on what it means to be a "community"—we work together, we play together, we care for each other.

We're Community

a song for strong kids

*When we come together, We're community—
A capable and caring
School community.*

*I'll look out for you,
Will you look out for me/
When we come together /In community?*

*We care for each other
In community.*

Gentle hands and kind words,

Feet that walk safely.

I'll listen to you—

Will you listen to me?

When we come together /In community?

Singing, counting

Playing games,

Learning how to read,

Working all together,

Sharing things we need...

At the Sunshine School

We're community.

A capable and caring

School community.

I'll be everybody's

friend—Will you be friends with me?

When we come together /In community.

Dear Families,

In Ellen Galinsky's book, The Seven Essential Life Skills Every Child Needs,

Ellen elaborates on the skills that all children need to thrive throughout their lives. These skills are like our core muscles that make us fit and strong from the inside out. At our school we see the development of these skills as our primary responsibility.

They are:

Focus and Self-Control
Critical Thinking

Perspective Taking

Taking on Challenges

Communicating

Self-Directed, Engaged Learning

Making Connections

Our curriculum, Tools of the Mind, supports our ability to carry on your own "first teaching" and continue to develop these skills in the young children that we work and play with every day. We feel honored to join you in this important work **and encourage you to hold us accountable for using our expertise** to support the on-going emergence and growing independence of these

skills in your children. If you would like to know more about these essential skills and the ways that parents and caregivers can teach them **you can borrow the book from our parent library** where we have many other resources to support you in supporting your child.

Our parent library is housed in the conference room at Marsh. Just stop by the office and we'll be glad to show you!

Happy October,

Stacey Plane,

Marsh Principal/Director

October PE & Music

In kindergarten PE we have been talking about how to play safely with friends. We discussed the difference between safe and rough play and practiced playing safely. We talked about how we could play with our playground toys like our tractors, balls, and brooms. We also learned how to play make-believe. We pretended to be dinosaurs, pirates, and played house and zoo.

In kindergarten music/library, we are continuing to work on keeping a steady beat and are growing the number of songs we can sing and do motions to. We recently went on a bear hunt and enjoy interacting with books we read.

In preschool PE we are learning dances to songs and pretending to be things like wind, motorcycles, and airplanes when we move.

In preschool music/library we are dancing and reading books and then acting them out.

All these activities support our children's wellness, reading readiness, and social skills!



More school news and parenting tips on our monthly calendar!